

John's COOOOOOOL yoghurt dip

FOR 6 SAMOSAS

Equipment

Tablespoon
Lemon squeezer
Blender
OR:
Sharp knife
Chopping board
Mixing bowl

Ingredients

6 tbsp natural yoghurt
Juice of 2 lemons
3 tbsp coriander leaves
2 tbsp mint leaves
Pinch of salt and pepper

Assemble all the ingredients and equipment you will need to make **JOHN'S COOOOOOOL YOGHURT DIP**. Do you recognise all the ingredients and equipment? If not, ask an adult to explain them to you. Make sure you wash your hands and wear a clean apron.

METHOD

1. Put all the ingredients in a blender and blend for 30 seconds.
Alternatively, if you don't have a blender, finely chop the herbs and mix these with all the other ingredients in a mixing bowl.

- Everyone should help with the clearing up and tidying away. This part is just as important as the cooking and can be as much fun!
- Never serve piping hot food straight from the oven or grill. Always allow it to cool slightly first.